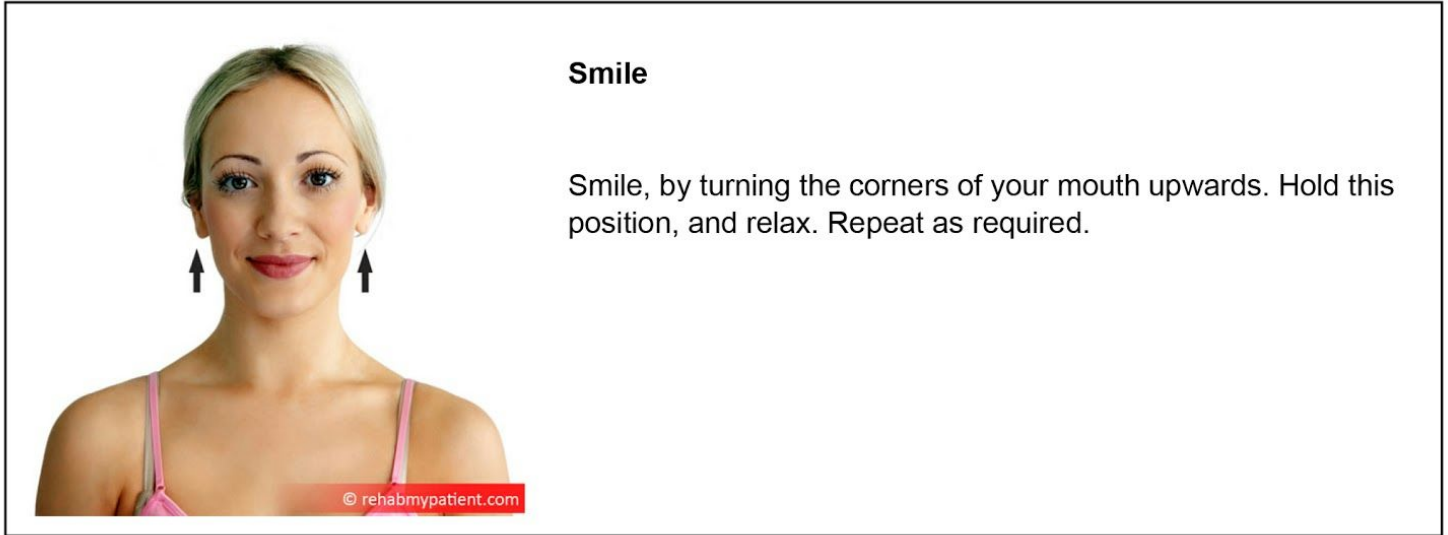


24 May 2014



Additional Notes

Stop any exercise that causes pain.
If you have any questions with an exercise, just email the clinic.